



We are open 7 days a week, with evening appointments available.

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Phone: 403-678-4644

On the web: www.wildflowercanmore.com
Email: info@wildflowercanmore.com

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Relax...

Massage

RELAXATION

Classic, soothing massage to restore the body balance.

30min \$45 60min \$75 90min \$110

THERAPEUTIC / SPORTS MASSAGE

Strong, penetrating strokes relieve soreness in specific areas, improve circulation & release deeply rooted tension.

30min \$45 60min \$75 90min \$110

HOT ROCK MASSAGE

Enjoy the healing warmth of smooth stones as they are applied to pressure for deeper relaxation. Helps your muscles and mind to “let go”.

60min \$95 90min \$130

AROMATHERAPY MASSAGE

A massage to lift your mood using therapeutic essential oils. This helps soothe muscles and alleviate pain. You walk out feeling uplifted and relaxed.

30min \$50 60min \$80 90min \$120

REFLEXOLOGY

Stimulate the body’s natural capacity for healing through pressure on specific areas of the feet or hands that correspond to the internal organs, glands, or muscles.

30min \$45 60min \$75

FOOT AND LEG MASSAGE

Tired after hiking, biking, ski-ing ? This short massage provides the perfect solution to aching legs and feet.

30 min \$40 45 min \$55

COUPLES MASSAGE (per person)

30min \$50 60min \$85 90min \$120

HOT ROCK for COUPLES:

60min \$105 90min \$140

Body Treatments

ROSEHIP WRAP

This exceptional treatment begins with a body polish to prepare the skin for the rosehip oil - high in Vitamin C, antioxidants and healing powers - followed by a massage, then a wrap in warm, soothing blankets, allowing the oil to penetrate, as you enjoy a mini-facial and foot massage.

90 min \$163

HEAVENLY LAVENDER BLISS

A full body exfoliation with lavender scrub, followed by an application of lavender lotion. Relaxing while wrapped, you will receive 30 minutes mini-facial. The treatment is finished with foot and scalp massage.

90 min \$148

CHOCOLATE MINT BODY SCRUB

A full body exfoliation using a chocolate mint scrub, followed by an application of chocolate body lotion. The treatment is finished with a soothing scalp massage.

60min \$91

SEA SALT BODY SCRUB

Choose the scrub you want from our wonderful array of essential oils. Experience an invigorating full body exfoliation and a soothing and moisturising body lotion rub. The treatment is followed by a hand and foot massage; the ultimate in relaxation!

60 min \$91

Hands & Feet

MANICURE

Treat yourself to the very best! This includes nail and cuticle grooming; hand massage and a hydrating paraffin dip to lock in moisture. Your service is completed with a complimentary polish of your choice.

60 min \$65

PEDICURE

Relax while your feet soak and soften in a herbal bath. This treatment includes nail and cuticle grooming, soothing calluses and heels, foot massage and polish application.

60 min \$65

DELUXE PEDICURE

Enjoy a luxurious pedicure, suited for those in needs of a complete "foot makeover". Includes extensive cuticle and callous work, foot massage, exfoliating salt scrub, hydrating paraffin dip, polish application.

90 min \$80

FRENCH POLISH

Add \$10 to your regular treatment price.

POLISH CHANGE

\$25

Restore...

Customized Facials

BASIC FACIAL

This skin care treatment uses the sea to preserve your youth. Marine spring water, rich in minerals and trace elements has a stimulating power that reduces fine lines, firms and restores the skin's complexion.

60 min \$85

ULTRA MOISTURIZING FACIAL

Especially developed for deeply dehydrated and aging skin. Components for tissue repair and anti-oxidants will oxygenate and reconstruct your skin on a cellular level, leaving it feeling soft and smooth for days.

90 min \$120

SENSITIVE RECOVERY FACIAL

This soothing treatment corrects, softens and protects the skin. The products used help strengthen capillary vessels and speeds up cell renewal. Excellent for couperose, congested and sensitive skin.

90min \$120

PURIFYING FACIAL

This facial is recommended to care for oily and acne prone skin. It is purifying and regulating, with immediate visible results on a deeper level.

90 min \$120

Waxing

Eyebrow wax	\$20	Bikini	\$30
Lip	\$12	Californian	\$40
Chin	\$12	Brazilian	\$65
Arm	\$30	Half leg	\$35
Underarm	\$20	Full leg	\$60
Chest or Back	\$45	Full leg & Bikini	\$75

Tinting

Eyebrow	\$25
Eyelash	\$25

Eye Combo

Eyebrow Wax	
Eyelash Tint	\$60
Eyebrow Tint	

Rebalance...

Reiki

Surrender to the ultimate relaxation experience during a Reiki treatment. Operating on a physical, mental/emotional and spiritual level, Reiki equals about three hours of deep sleep, on a "Healing and Repair" level.

30 min Injury treatment	\$45
60 min Reiki	\$75

Aura Chakra Analysis

Analysis is performed by the Biopulsar Reflexograph system. The hand scan will provide information about your aura, your chakra centres and the activity of 51 organs. Learn how you use your energy. Get to the core of your manifestations!

30 min Aura/Chakra Analysis	\$55
60 min Full Health assessment	\$120

Life Coaching

"Coaching is partnering with clients in a thought-provoking and creative process, that inspires them to maximize their personal and professional potential"

- *International Coach Federation.*

If you are interested in:

- Letting go of the past
- Becoming proactive to life's ups and downs
- A change in career or a shift in entrepreneurship
- Encouragement and support towards reaching your goals

Sessions include Rapid Life Change Therapies as needed.

60 min \$139

Discount Packages available upon request

Rapid Change Therapies

Eliminate your Anxiety and Phobia in just one session with NLP and other modalities. Access the subconscious mind in an easy and guided manner.

If you would like to get unstuck in a fast, light and effective way then book a 15 min complimentary no-obligation, consultation today. Break free from the chains that hold you back.

15 min consultation	FREE
Single session (approx 2hrs)	\$249

Read on...

Packages

Inquire about our unique packages. Indulge yourself for the better portion of the day.

To Book Treatments

Book online at www.wildflowercanmore.com, or call us at (403) 678-4644.
If you are calling after hours, our message centre will ensure a returned call within 24 hours.

Gift Certificates Available

Treat your family, friends, or valuable staff members to any of our services.
Buy online or get it at our reception.

Reservations

A major credit card (VISA or MASTER) is required to hold reservations for appointments over 2 hours in length.

Spa Etiquette

The spa services you have selected are specifically reserved for you.
Please notify us at least 24 hours in advance if you wish to cancel your appointment or a 60% charge will be automatically billed. Thank you for your consideration.

*Gratuities and GST not included.
Prices are subject to change*

Thanks to our convenient location in downtown Canmore, you can combine your spa experience with an exploration of local shops and boutiques along Main Street.
Large parking lot at rear of our building is accessible from 7th Street.

We look forward to seeing you soon!